

Inter collegiate track and field meet 2025-26

Date 07 to 09 October 2025

Venue- Meenatai Thakare Div. Sports complex, Nashik

Date-08/10/2025

Day -01

Reporting time: 6:00 Am

Date	Time	Event	Men/Women	Particular
08/10/2025	06:00am	Half-Marathon	Men/women	Final
	07:00am	20km & 5km walk	Men/women	Final
	09:00am	Reporting		
	10:30am	Opening Ceremony		
	11:30am	Putting the shot	Men	Final
	11:30am	100 Mtr.	Women	1st heat
	12:30am	100 Mtr.	Men	1st heat
	12:30am	Putting the shot	Women	Final
	11:30am	Long Jump	Men	Final
		Lunch break		
	02:00pm	200 Mtr.	Men/women	1st heat
	02:00pm	Long Jump	Women	Final
	02:45pm	Pole vault	Men/women	Final
	02:45pm	Hammer Throw	Men/women	Final
	02:45pm	800 Mtr.	Men	Final
	03:00pm	800 Mtr.	Women	Final
	03:30pm	100 Mtr.	Men/women	Semifinal
	04:15 pm	5000 Mtr.	Men	Final
	04:15 pm	5000 Mtr.	Women	Final
	05:00Pm	200 Mtr.	Men/women	Semifinal

Important note-

- Program is subject to alteration.
- Athletic meet organized on synthetic track, players must use proper sports attire (sports shoe, spikes, etc.)
- **Physical fitness certificate essential for 21 km half marathon competition.**
- During the athletic meet Decathlon and Heptathlon event will be conducted separately as per their schedule.
- The Physical Director must be present during each individual participation representing their college

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Date 09/10/2025 Day -02 Reporting time 6:30 Am

Date	Time	Event	M/w	Particular
09/10/2025	07:00 am	10000 Mtr	Men/women	Final
	08:00 am	400 Mtr.	Men	1st heat
	08:30 am	400 Mtr.	Women	1st heat
	08:30 am	Triple Jump	Men	Final
	08:30 am	Discus Throw	Men	Final
	09:30 am	Triple Jump	Women	Final
	09:30 am	200 Mtr.	Men/women	Final
	10:00 am	Discus Throw	Women	Final
	11:30 am	100 Mtr.	Men/women	Final
	11:30 am	Javelin Throw	Men	Final
	11:45 am	400 Mtr.	Men/ women	Final
	12:30 pm	1500 Mtr.	Men	Final
	12:45 pm	1500 Mtr.	Women	Final
Lunch break				
	01:30pm	High Jump	Men/women	Final
	01:30pm	Javelin Throw	Women	Final
	01:45pm	100 ,110 Mtr Hurdles	Men/women	Time trial
	01:45pm	400mtr Hurdles	Men/women	Time trial
	2:15 pm	4x100 Relay	Men	Final
	2:30 pm	4x100 Relay	Women	Final
	03:00 pm	4x400mtr Relay	Men/women	Final
	03:30pm	Steeplechase	Men/women	Final

Dr. Narendra Nikam
 Secretery
 Nashik District Zonal Sports committee

Dr.K.N.Gaikwad
 President
 Nashik District Zonal Sports committee